



**WE'RE ALIVE!**

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**1 NUTRITION**  
All living things need food to stay alive! We eat plants and other animals.



**PEOPLE**

**ANIMALS**

**7 MOVEMENT**  
All living things can move. Animals run, jump, and swim, while plants move slowly by growing toward the sunlight.

**6 SENSITIVITY**  
Living things can sense what's happening around them. You can feel when it's hot or cold. Animals react to danger, plants sense sunlight and grow toward it!

# THE SEVEN PROCESSES OF LIFE

EVERY LIVING THING, FROM THE TINIEST INSECT TO THE BIGGEST ELEPHANT, FOLLOWS THESE SEVEN LIFE PROCESSES! THESE SEVEN THINGS HELP US KNOW IF SOMETHING IS ALIVE.

**2 GROWTH**  
Every living thing grows! Babies grow into adults, tiny seeds grow into big trees, and even insects grow by shedding their skin.

**3 RESPIRATION**  
This is how living things get energy. Humans and animals breathe in oxygen and turn food into energy. Plants do something similar with sunlight!

**4 REPRODUCTION**  
This means making more living things. Humans and animals have babies, birds lay eggs, and plants make seeds to grow new plants!

**5 EXCRETION**  
Living things get rid of waste. You go to the bathroom and plants release oxygen.

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**PLANTS**

STOP, SCAN & STUDY!



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ISBN 9780636140899